



**American
Red Cross**

Red Alert

Your Connection to the Lee County American Red Cross

7th Annual Fly-In Hosts 5,000; Raises \$20,000

The Lee County Red Cross had great success with the 7th Annual Heroes Take Flight Fly-In, the chapter's annual fundraiser. This year, the Fly-In had 5,000 attendees and raised approximately \$20,000 for the Red Cross. The event, held on May 15, which was Armed Forces Day, treated attendees to a day of inspecting the 60 aircraft and 40 military vehicles present. Free admission and lunch in the hospitality area were provided to 350 veterans who attended the event. After moving this year's Fly-In from March to May, organizers were pleased with the great weather, which was sunny with calm winds and around 80 degrees.

During the Fly-In, several special events took place. Skydive Opelika performed three sky dives, including one tandem jump by Jim Rainey, Opelika-Auburn News publisher and Red Cross Board Member. The Army Heritage Foundation out of Atlanta brought two helicopters to the event, one of which took passengers for rides throughout the day. Helicopter rides were \$50 per person or \$40 for military, and all proceeds went to the Army Heritage Foundation. Passengers were able to ride on a 1969 Huey Helicopter, which was active in Vietnam.

The LCRC would like to thank the 175 volunteers, who ensured that the event proceeded smoothly, and the sponsors which provided backing for the Fly-In. The sponsors for the event include: Auburn Network, Opelika-Auburn News, Quantum Communications, Chevron Global Aviation, Fun Carts, Skydive Opelika, Flip Flop Foto, Auburn Pediatric Dentistry, Wal-Mart Distribution Center, Sodexo, Pepsi/Buffalo Rock, Auburn Reprographics, Auburn Opelika Tourism Bureau, Autosport Bodyworks Inc., Party Depot, Adam's Beverages, CharterBank, Sam's Club, East Alabama Federal Credit Union, Waste Management, Four Seasons Federal Credit Union, Tailgate Guys, Scott Bridge, Sign World, Lamar Outdoor Signs, Dixie Home Crafters, Auburn Bank, Alabama Aviator, Himmelwright, Huguley & Boles, Auburn Rotary Club, Flowers Baking Company, Lee County Kiwanis Club, Two Men & A Truck, First Baptist Church of Opelika, MidSouth Bank, VFW Post 5404, Parker Building Co.

The LCRC will hold a committee meeting soon to discuss plans for the 2011 Heroes Take Flight Fly-In. The event will be held in May 2011 and exact dates will be announced soon, so start looking for details about the 2011 Fly-In.



Before



Facilities Receive a Face-Lift

With a growing population, the needs of our community also continue to grow, so the Lee County Red Cross's facilities are also continuing to grow and change. By the end of June, renovations of the new Services to Armed Forces Suite will be completed, allowing the LCRC staff to expand their services to the community, as well as the restoration of an Emergency Response Vehicle which has been retired from the national fleet.

Thanks to generous donors, Dwight and Ruth Ann Bond, the LCRC has been able to renovate a portion of its Opelika offices which was previously tenant occupied. For the last 40 years, Evelyn's Beauty Shop occupied part of the building that the LCRC has called home since 1995. When the Beauty Shop moved out of its space on February 1, 2010, the Red Cross was able to reclaim that space. The space is being completely transformed and will now become a Services for Armed Forces Suite. At the completion of renovations, the suite will provide a place for families of deployed military to create video messages for or hold video conferencing calls with their loved ones, meet with case workers to send emergency messages or apply for

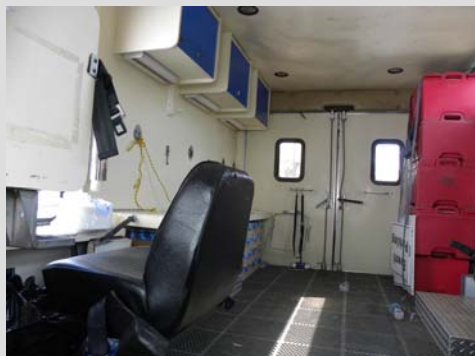
financial aid and attend monthly military support groups.

Construction, which has been ongoing from February through June, was funded and provided by various parties in addition to Dwight and Ruth Ann Bond, including the Walmart Distribution Center, Draper Construction, Ray Hudson, Tom Caudle, Energy Savers, Home Fashion Center, Home Depot and Sam's Club. The demolition of the beauty shop was completed by 20 Auburn University Students during the university's Big Event on February 6.

The donation provided by the Bond family also has been put to the restoration of an Emergency Response Vehicle (ERV) which has been retired from the national fleet. The ERV will give the LCRC an additional resource to use to respond to disasters. The vehicle is receiving both a mechanical and cosmetic revitalization.

Once renovations are complete on both the Services to Armed Forces Suite and the Emergency Response Vehicle, an open house will be scheduled to show off these changes to volunteers and supporters. The open house is expected to be held in the month of June, so start looking for an announcement shortly.

After



The ERV Before

Get Ready for Hurricane Season

This year's hurricane season, which runs June 1 to November 30, is expected to be more active than average. According to the Colorado State University's Tropical Meteorology Project, the forecast for this year predicts 16 tropical storms, including eight hurricanes, four of which will be intense. With this in mind, it's important to start

getting prepared now.

Hurricane preparedness is based largely on the extent of your planning. At the beginning of the season, meet with your family to make a disaster plan. In your plan, you should identify which member of the family will be responsible for each part of your plan.



Specify two meeting places, one right out side your home in case of a sudden emergency and one outside your neighborhood, in case you cannot return home. An evacuation location

and a route to your location should also be planned, whether it is a hotel, a home of a relative or friend or an evacuation shelter.

In the event of a hurricane,

you should prepare your home before evacuating. Be sure to:

- Bring anything in which could be picked up by the wind.
- Close windows, doors and hurricane shutters. If you do not have hurricane shutters, close and board up all windows and doors with plywood.

Create a Safety Kit

- Water – at least a 3-day supply (one gallon per person per day)
- Food – at least a 3-day supply of non- perishable, easy-to-prepare food
- Flashlight
- Battery-powered or hand-crank radio
- Extra batteries
- First aid kit
- Medications – at least a 7-day supply
- Sanitation and personal hygiene items
- Copies of personal documents
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Maps of the area
- Supplies for pets and babies



Summer Safety Tips

How to deal with the heat and stay safe in the water

Now that it's summer, the weather's warming up and everyone's looking to cool down in the water, it's important to remember some summer safety tips.

With over 90 percent of families with young children in the water at some point this summer, it's important to follow the basics of water safety, maintain constant supervision of children and to get trained. The basics of water safety include swimming in areas supervised by lifeguards, always swimming with a buddy, ensuring everyone in your family swims well by enrolling family members in age-appropriate Red Cross courses, never leaving children unattended near

water and having young children or inexperienced swimmers wear life jackets around the water. Most importantly, maintain constant supervision over children whenever they are around water, even if a lifeguard is present. To ensure that you and your family are prepared for spending time in the water this summer, enroll in Red Cross water safety, first aid and CPR classes to prepare for any potential emergencies.

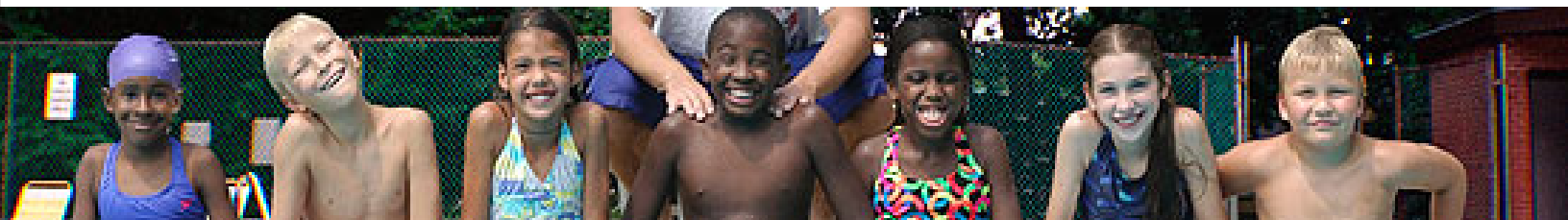
In the event of a heat wave this summer, take the following precautions to ensure your safety:

- Stay hydrated. Drink plenty of fluids even if you do not feel thirsty.
- Eat small meals and eat more

often.

- Avoid extreme temperature changes.
- Wear loose-fitting, lightweight, light-colored clothing.
- Slow down, stay indoors and avoid strenuous exercise during the hottest part of the day.
- Postpone outdoor games and activities.

Remember to never leave children or pets alone in enclosed vehicles, check on those who do not have air conditioning, or who are most likely to be affected by the heat and check on your pets frequently to be sure they aren't suffering from the heat.



Red Cross Hosts Volunteer Appreciation & Awards Dinner

Every year, the American Red Cross depends on its volunteers, which make up 96 percent of its work force, to respond to more than 70,000 disasters, to collect millions of units of blood, to support military families and keep them connected and to train thousands of people in emergency preparedness and response.

In order to honor our faithful volunteers, the Lee County Chapter, American Red Cross will hold our annual Volunteer Appreciation Dinner on Tuesday, June 8th from 6:00-8:00 p.m. at the EAMC Health Resources Center, located at 2027 Pepperell Parkway in Opelika.

During the dinner, we will recognize volunteers for their work throughout the year. The dinner is offered to volunteers free of charge but you must reserve your seat in advance. To reserve your seat for this year's Volunteer Appreciation dinner, please call (334) 749-9981 or email americorps@leeredcross.org no later than June 4.

**Tuesday
June 8, 2010
EAMC Health
Resource Center
2027 Pepperell
Parkway
Opelika, AL
6:00 - 8:00 p.m.**

The Board of Directors will hold their annual meeting directly before the Volunteer Appreciation & Awards Dinner at 5:00 p.m. in the Lee County Red Cross Classroom to elect new board members and officers. This meeting is open to the public.



**American
Red Cross**

206 26TH St
Opelika, AL 36801
334-749-9981
www.leeredcross.org